

PALEO Cleanse Author Biographies



CAMILLA CARBONI is the Co-Founder of *The Paleo Pact* and the Co-Author of *PALEO Cleanse* and *Quick & Fantastic Paleo Cookies*.

Camilla applies her global marketing portfolio and Master's in Media Reception Psychology to promote the philosophy of health from the inside out.

Camilla is a South African expat, minimalist runner and contributor to various lifestyle publications. She lives her American Dream in Colorado with her supportive boyfriend and adoring cat.

Learn more at CamillaCarboni.com.



MELISSA VAN DOVER is the Co-Founder of *The Paleo Pact* and the Co-Author of *PALEO Cleanse* and *Quick & Fantastic Paleo Cookies*.

Melissa utilizes her marketing background and MBA to promote the importance of maintaining a healthy lifestyle through eating well and regular exercise.

Melissa currently resides in Colorado where she spends her time practicing Pilates and enjoying the outdoors with her loving husband.

Learn more at MelissaVanDover.com.